

1. LANDMARK PINNACLE, E14
 A spell on the treadmill could become a treat in London's highest private residents' gym. There is also a studio, golf simulator & putting green, arcade room, lounge and two private dining rooms on the 56th floor. It's located at the head of South Dock on the edge of Canary Wharf, and prices start from £568,750.
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2. LILLIE SQUARE, SW6
 Spanning 18,000 square feet, the Clubhouse at Earls Court's landmark development sports a 20-metre swimming pool, sauna, steam room and spa pool. Technogym cardio equipment furnishes the gym and studio, and ESPA treatments are available in the therapy rooms. Prices are from £775,000.
Contact: 020 7311 9100

3. EMBASSY GARDENS, SW6
 Imagine swimming in the world's first Sky Pool. 2018 should see resident members of Embassy Gardens' Epic club taking the plunge in this acrylic quantum-like structure which will be suspended, 10 storeys high and 25 metres long, between two buildings. One bedroom pool-side apartments cost £1 million.
Contact: 020 31627 6396

4. TWENTY GROSVENOR SQUARE, W1
 Designed by Fenchelton, homes at this Four Seasons Residence range from £175 million to £38 million. Formerly home to the US Navy Forces, the development has six-star facilities including a spa, swimming pool, fitness centre, games room, a charming garden library and a garden.
scott.2003.com

5. PRIMROSE HILL, NW3
 Treatment rooms and beauty salons are the latest must-haves for pretty people purchasing a prime property. This one is a beautifully refurbished £28.5 million seven-bedroom house on Lisworthy Road, opposite Primrose Hill Park. It also has a gym, games room and staff accommodation (for your live-in maids).
Knight Frank: 020 7356 2777